

Discover Chiemgau in the summer

The Resort Das Achemtal in Grassau, Chiemgau is an authentic base for eventful vacations in the region.







Collage ©DasAchental

Grassau, June 27, 2023: The Chiemgau region in the southeast of Bavaria harbors an abundance of natural treasures and destinations amid its fascinatingly varied landscape. Thanks to the Chiemgau Alps, Lake Chiemsee, a generous scattering of idyllic villages and not least thanks to fairytale king Ludwig II, this destination offers a wide variety of options all year round. The Resort Das Achental in Grassau, which lies amid the natural splendor of the mountains, is an ideal base for vacations in Chiemgau. Employees at the Resort are veritable founts of knowledge when it comes to their home region and they can provide excellent tips, not only on activities at the Resort, but on the region around Lake Chiemsee, too.

Enjoyment, nature and golf

For a unique start to the day, guests can breakfast at the beautifully situated Seehütte10, which lies next to a small lake on the Resort's own golf course amid the spectacular natural surroundings of Chiemgau. It is advisable to book a table for breakfast in Seehütte10, since only limited seats are available. Alternatively, guests can enjoy a Champagne breakfast in the Restaurant Weißer Hirsch. Once a month, just as dusk falls, it is time for "Sundowner Sounds by Seehütte10". Featuring music, cool drinks and delicious treats, this is one gettogether that is sure to conjure that perfect vacation vibe. The Achental Golf Days, from August 4 to 6, are a special highlight for golfing guests. Golfers play twice at the Achental course and once at the Golfclub Chieming, located just 20 minutes from Grassau. On all three evenings, players can meet up for dinner with wine pairings at Das Achental and talk over the day's play.

Premiere: The first ever barbecue course with 2-starred chef Edip Sigl

Ages past, the indigenous people of the Caribbean used a wooden framework to grill their meat over an open fire, a method referred to as "buccan". The Mexican Spanish word "barbacoa" is thought to have derived from this term, which ultimately passed into the English language as "barbecue", now the ultimate summer outdoor classic. The art of the barbecue involves cooking meat indirectly with hot smoke at between 100 and 130°C.

Edip Sigl, who acquired two Michelin stars for the gourmet restaurant es:senz at Das Achental, will be leaving his kitchen at 11 a.m. on August 13, 2023 in order to hold his first—and this year's only—Barbecue Course. True to the principles he applies in his two-star cuisine, he will exclusively use regional products while passing on his knowledge, his tips, and secrets for a perfect barbecue to course participants. All the food produced in the course will, of course, be shared and enjoyed along with an aperitif, wines, and non-alcoholic drinks. Edip Sigl will be available to answer questions and share ideas. Anyone wishing to take part in this star-worthy barbecue event should act now, as only limited places are available. Just call +49-8641-4010 or send an e-mail to reservierung@das-achental.com.

For more details visit https://www.das-achental.com/de/fuer-die-geniesser.html.

From lofty peaks to still, clear waters

The best way to stay healthy while indulging on the culinary pleasures on offer at Das Achental is to get out and about in nature. In the summer, the Cheimgau region is the ideal place for hiking and mountaineering. The region is cherished for its gently rolling mountains, its spacious Alpine pastures and its 60 Alpine inns. Anyone with a good level of fitness can climb Chiemgau's highest peak, the 1,961 m-high Sonntagshorn, in two and a half hours. In Chiemgau, mountain bikers can explore a mountain bike network extending over 750 km. As many as 71 tours including Hike & Bike and Bike & Swim take two-wheeled wanderers up to Alpine pastures and mountain peaks. Apart from the 80 m² Lake Chiemsee, dubbed the "Bavarian Sea" due to its size, the bathing and watersports offerings of the Lake Chiemsee Alpine region comprise over 30 different forest and mountain lakes.

R&R in the Das Achental SPA

The best place to soothe those tired muscles after a hike or cycling tour is the Resort's wellness area. The 2,000 m² <u>SPA</u> also draws on the region's strengths. The five signature treatments of the Resort are very fittingly entitled "**Pure Chiemgau**". The treatments use local herbs, oils and moor mud from Kendlmühlfilzen, an upland moor area located south of Lake Chiemsee. Also known "black gold", this substance is prized for its healing properties. In April, the German Wellness Association named Mary-Ann Kühn Spa Manager of the Year 2023 in the Hotel Spa category, recognizing her for the development of these treatments.

For more details visit <u>www.das-achental.com</u> and <u>www.das-achental.com/de/achentaler-specials.html</u>

All about the Resort Das Achental

Located between Kampenwand and Lake Chiemsee, just an hour's drive from Munich and 45 minutes away from Salzburg-home to the famous music festival-the Resort Das Achental lies within a sprawling park with mature trees, right next to its own 18-hole golf course. Since 2020, the course has been among the 36 clubs entitled to bear the quality seal of the "Leading Golf Clubs of Germany". Das Achental was awarded the "Active Hotel Award 2022" in the Golf category by the "Hotelguide Tophotel" and the travel portal "meintophotel.de". In the same year, the gourmet restaurant es:senz received two stars in the Michelin Guide. Chef de Cuisine Edip Sigl is committed to the respectful handling of regional produce.

Das Achental

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